

## Lemon / Honey Facial Protocol

When you think of brightening the skin, think lemons, vitamin C, kojic and arbutin. When you think of hydrating the skin, think of lactic, honey and Royal Epigen P5. You will find both in Skin Script's Lemon Honey signature facial with the exfoliating effects of Lemon Zest Enzyme and the hydrating, anti-bacterial support of Golden Honey Nourishing Mask with Sunflower Oil, Royal Epigen P5 and Allantoin to boost the skin's moisture leaving a hydrated smooth surface. This facial is the perfect combination for dry, mature skin with pigmentation.

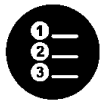
**Skin Conditions:** Dry, mature skin with pigmentation.

Dry/Sensitive Skin: May experience a higher tingle during application; omit steam if needed.

Normal/Resilient Skin: Enzyme can be boosted with ½ pump of Lactic acid for hydration or ½ pump of Glycolic Acid for more exfoliating benefits.

### Professional Facial

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1. Cleanse once with Green Tea Cleanser.
2. Cleanse a second time with Glycolic Cleanser.
3. Apply Lemon Zest Enzyme for 7-10 minutes. (Optional steam).
4. Remove with a warm barber towel or with cool aesthetic wipes.
5. *Optional:* Perform a microdermabrasion.
6. Perform extractions.
7. Apply Citrus-C Nourishing Cream.
8. Apply Golden Honey Mask for 10 minutes and remove with a warm barber towel.
9. Tone with Cucumber Toner.
10. Moisturize with Acai Berry moisturizer.
11. Protect with Sheer Protection SPF 30.

### Products Needed for this Professional Facial

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Green Tea Cleanser

Citrus-C Nourishing Cream

Acai Berry Moisturizer

Glycolic Cleanser

Golden Honey Mask

Sheer Protection SPF 30

Lemon Zest Enzyme

Cucumber Toner

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## Lemon Zest Enzyme

### Description



Professional Use Only. The Lemon Zest Enzyme exfoliates and brightens the skin with the antioxidant and brightening benefits of lemon. This product contains 8% arbutin, 6% lactic acid, 3% glycolic acid, and 2% kojic acid. It is designed for normal and dry skin with pigmentation. It promotes deep hydration that protects from environmental damage while relieving the surface signs of aging. Arbutin and kojic acid also provide extreme lightening capabilities.

Tingle factor: 2 – 3

pH: 2.11

- Antioxidant
- Anti-aging
- Brightens
- Exfoliates

### Skin Types



Normal to dry skin

Mature skin

Hyperpigmentation and melasma

Sun damaged skin

### Active Ingredients



- **Citrus Medica Limonum (Lemon Zest)** is a natural enzyme to digest dead skin cells. Lemon also clarifies the skin, acts as a natural antioxidant, and lightens the skin.
- **Alpha-Arbutin (8%)** is from the bearberry plant and is a non-irritating skin brightener. It is a natural alternative to hydroquinone.
- **Witch Hazel** is a flowering plant; it is a strong antioxidant and astringent that is often used as a natural remedy for psoriasis, eczema, and other skin conditions.
- **L-Lactic Acid (6%)** is an alpha hydroxy acid working as an exfoliant, allowing dead skin cells to slough off and making room for regrowth of new skin. It improves wrinkling and roughness, and it softens the skin.
- **Glycolic Acid (3%)** weakens desmosomes, allowing dead skin cells to slough off to reveal healthier, smoother, brighter looking skin.
- **Kojic Acid (2%)** inhibits melanin production by inhibiting tyrosinase. It also provides gradual and continual skin brightening to relieve skin discolorations.
- **L-Ascorbic Acid** is the chirally correct form of Vitamin C and the most effective for the skin to stimulate collagen production. L-Ascorbic Vitamin C is the only antioxidant that has been proven to increase collagen synthesis to maintain healthy skin.

### Tips for Use



- This enzyme will “wow” your clients.
- The product has a shelf life of 2 – 3 months. One 4oz jar provides approximately 16 treatments.
- When using this enzyme on clients with rosacea or melasma, you may not want to use steam.
- Advanced “power facial” protocol: Mix in ½ tsp of 20% Lactic Peel to the enzyme for dry skin with pigmentation (can cause skin to be dry and flaky for 3-4 days).

## Lemon Zest Enzyme

### Important Notes

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Avoid contact with eyes, and flush immediately if contact occurs.

Always use sun block after using this product.

### Formula Composition

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Aqua (Water)  
Citrus Medica Limonum (Lemon Zest) Fruit  
Alpha-Arbutin  
Hamamelis Virginiana (Witch Hazel) Water  
Lactic Acid (L)  
Glycolic Acid  
Glycerin  
Gluconic Acid  
Xanthan Gum  
Kojic Acid  
Ascorbic Acid (L)  
Alcohol Denat.  
Citrus Medica Limonum (Lemon) Peel Oil  
Citrus Sinensis var. Sanguina (Blood Orange) Oil  
Citrus Aurantium Dulcis (Sweet Orange) Peel Oil  
Citrus Nobilis (Red Mandarin Orange) Oil  
Saccharum Officinarum (Sugar Cane) Extract  
Citric Acid  
Limonene (D-alpha)  
Linalool  
Lycopene  
Solanum Lycopersicum (Tomato) Fruit Lipids  
Trifolium Pratense (Red Clover) Flower Extract  
Polysorbate 20  
Gluconolactone  
Sodium Benzoate  
Calcium Gluconate



## Golden Honey Mask

### Description



Professional Use Only. This hydrating mask contains honey and Royal Epigen P5 to increase regeneration of skin for soft, smooth, hydrated skin. Honey is anti-inflammatory and anti-bacterial. Allantoin and panthenol improve the skin's natural protective barrier and provide significant hydration.

- Reduces fine lines and wrinkles
- Moisturizes
- Calms
- Anti-aging

### Skin Types



All skin types.

### Active Ingredients



- **Glycerin** acts as an emollient and lubricant. It also can be a humectant and draw moisture from the air to the skin.
- **Helianthus Annuus (Sunflower) Seed Oil** replenishes and restores the skin with nourishing fatty and amino acids to increase moisture retention.
- **Royal Epigen P5 (3%)** (INCI: Pentapeptide-48) accelerates epidermal regeneration for smooth skin revealing a more even toned skin.
- **Honey** is wound healing, antibacterial and moisturizing. It helps keep the skin soft.
- **Allantoin** reinforces the skin's natural protective barrier and improves moisture retention, creating a smoothing effect to the skin.
- **Panthenol** provides significant hydration and is a source of Vitamin B for the skin.
- **Hippophae Rhamnoides (Seabuckthorn) Fruit Extract** has a high content of Omega 7 fatty acid, tocopherols and carotenoids to promote healing
- **Zingiber Officinale (Ginger) Root Extract** is an antioxidant and anti-inflammatory. Stimulates microcirculation and has a warming sensation.

### Tips for Use



- Apply a thin layer to the face after cleansing and exfoliation. Manipulate into the skin with fingertips.
- Remove with a warm barber towel after 7 – 10 minutes.
- Apply toner, moisturizer, and sunblock after use.

### Important Notes



Avoid contact with eyes, and flush immediately if contact occurs.

## Golden Honey Mask

### Formula Composition

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Propanediol  
Glycerin  
Caprylic/Capric Triglyceride  
Sodium Acrylates Copolymer  
Hydrogenated Polyisobutene  
Panthenol (D)  
Polysorbate 20  
Phospholipids  
Helianthus Annuus (Sunflower) Seed Oil  
Polyglyceryl-10 Stearate  
Phenoxyethanol  
Benzyl Alcohol  
Citrus Limon (Lemon) Peel Oil  
Caprylhydroxamic Acid  
Ethylhexylglycerin  
Allantoin  
Hippophae Rhamnoides (Seabuckthorn) Fruit Extract  
Honey Extract  
Honey  
Zingiber Officinale (Ginger) Root Extract  
Pentapeptide-48